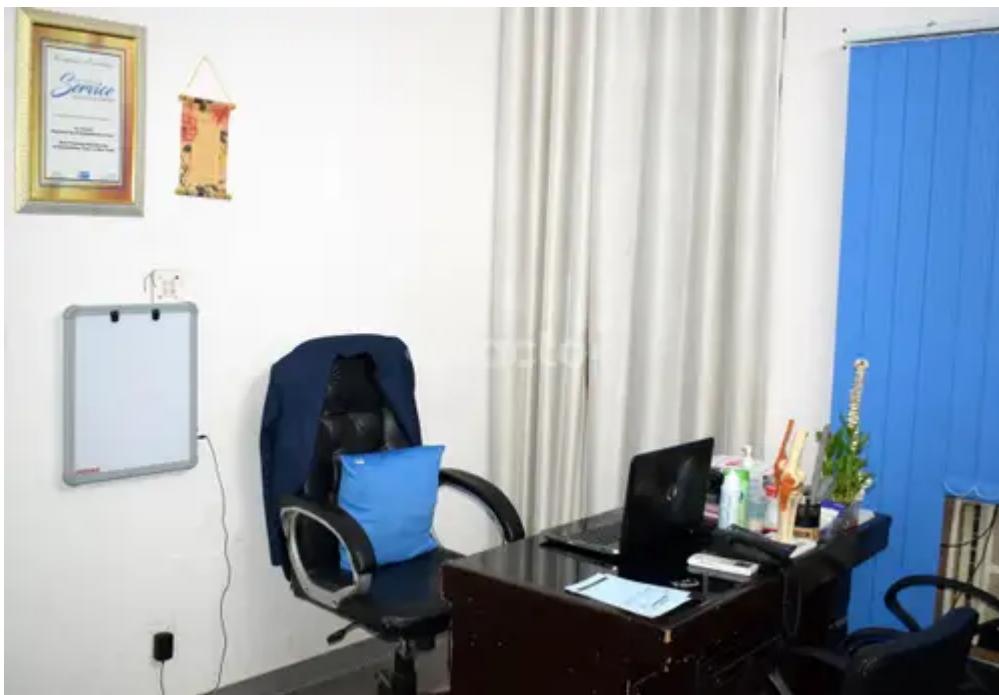


(Quick~Appointment)Physiotherapist near me in Dwarka Delhi | Dr Gholam Sarwar Physiotherapy



Dr. Gholam Sarwar Physiotherapy Clinic

If you're searching for a [Physiotherapist near me](#) in Dwarka Delhi, **Dr. Gholam Sarwar Physiotherapy** stands out as one of the most reputed and trusted clinics in the area. Known as one of the [Best Physiotherapist in Dwarka](#), Dr. Gholam Sarwar Physiotherapy Clinic offers expert, personalized care for neck pain, back pain, joint stiffness, sports injuries, and mobility issues. With **17+ years of professional experience**, Dr. Sarwar provides advanced physiotherapy treatments, manual therapy, spine care, and evidence-based rehabilitation. The clinic is known for accurate diagnosis, effective pain relief, and customised recovery

plans designed for long-term improvement. Whether you're dealing with chronic pain or recovering from an injury, Dr. Gholam Sarwar ensures safe, reliable, and result-oriented physiotherapy in Dwarka.

Dr. Sarwar provides expert care for a wide range of conditions, including [Back pain](#), neck pain, knee pain, and [sciatica Pain](#), [Sports Physiotherapy](#). With years of experience and a patient-centered approach, he ensures every individual receives personalized treatment tailored to their specific needs.

Conveniently located in the heart of Dwarka, the clinic is easily accessible for residents seeking high-quality physiotherapy without long travel times. The center is well-known for blending traditional physiotherapy techniques with cutting-edge chiropractic adjustments, offering a rare and highly effective combination of treatments under one roof. This integrative approach ensures faster recovery, improved mobility, and long-term pain relief.

The facility is recognized as the Most Reputed Physiotherapy & Chiropractic Clinic in Dwarka, equipped with advanced clinics, modern infrastructure, the latest technology, and top physiotherapy experts dedicated to delivering exceptional care.

At Dr. Gholam Sarwar Physiotherapy, all major physiotherapy services are available, including:

Orthopedic Physiotherapy

Focuses on treating musculoskeletal issues like fractures, joint pain, arthritis, and muscle injuries. It improves mobility, strength, and function using exercises, manual therapy, and rehabilitation techniques to restore normal movement and reduce pain effectively.

Neurological Physiotherapy

Helps patients with conditions affecting the nervous system, such as stroke, Parkinson's disease, multiple sclerosis, or spinal cord injuries. Treatment aims to improve balance, coordination, muscle control, and overall functional independence through targeted exercises and neuro-rehabilitation techniques.

Sports Physiotherapy

Designed for athletes and active individuals, it treats sports-related injuries like sprains, strains, and ligament tears. Therapy focuses on enhancing performance, preventing re-injury, and ensuring safe return to sports through conditioning, strengthening, and personalized rehabilitation programs.

Chiropractic Adjustments

A hands-on technique used to correct spinal misalignments and improve joint function. These adjustments reduce pain, enhance mobility, and support overall nervous system health, offering a natural and effective approach to treating Back Pain, neck, and joint discomfort.

Geriatric Physiotherapy

Specializes in treating age-related conditions such as arthritis, osteoporosis, balance issues, and limited mobility. The goal is to improve strength, flexibility, and independence, helping seniors maintain a better quality of life and reduce the risk of falls.

Pediatric Physiotherapy

Supports children with developmental delays, muscle weaknesses, injuries, or neurological conditions. Treatment focuses on improving movement, posture, coordination, and physical growth through fun, engaging, and child-friendly therapeutic exercises.

Post-Surgical Rehabilitation

Helps patients recover after surgeries like joint replacements, ligament repairs, or spinal procedures. Therapy aims to reduce pain, restore strength, improve mobility, and ensure a safe, complete recovery through structured, progressive rehabilitation programs.

Cardiorespiratory Physiotherapy

Improves lung and heart function for individuals with asthma, COPD, cardiac conditions, or post-surgery breathing issues. Techniques include breathing exercises, airway clearance, endurance training, and conditioning to enhance overall respiratory efficiency and stamina.

Manual Therapy & Mobilization

Hands-on techniques used to reduce pain, release tight muscles, and improve joint mobility. These methods enhance circulation, restore movement, and support faster healing by gently mobilizing soft tissues and joints.

Electrotherapy & Laser Therapy

Uses advanced equipment to reduce pain, inflammation, and muscle spasms. Electrical stimulation and laser light promote tissue healing, improve circulation, and accelerate recovery, making them effective for both acute and chronic conditions.

Whether you're recovering from an injury, dealing with chronic pain, or simply aiming to improve your mobility, Dr. Gholam Sarwar and his expert team ensure a safe, effective, and results-driven healing experience. If you're looking for the [Physiotherapist in Dwarka](#), your search ends here.